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**SUMMER SIDE DISH**
POTATO SALAD WITH A MEXICAN TWIST
{page 10}

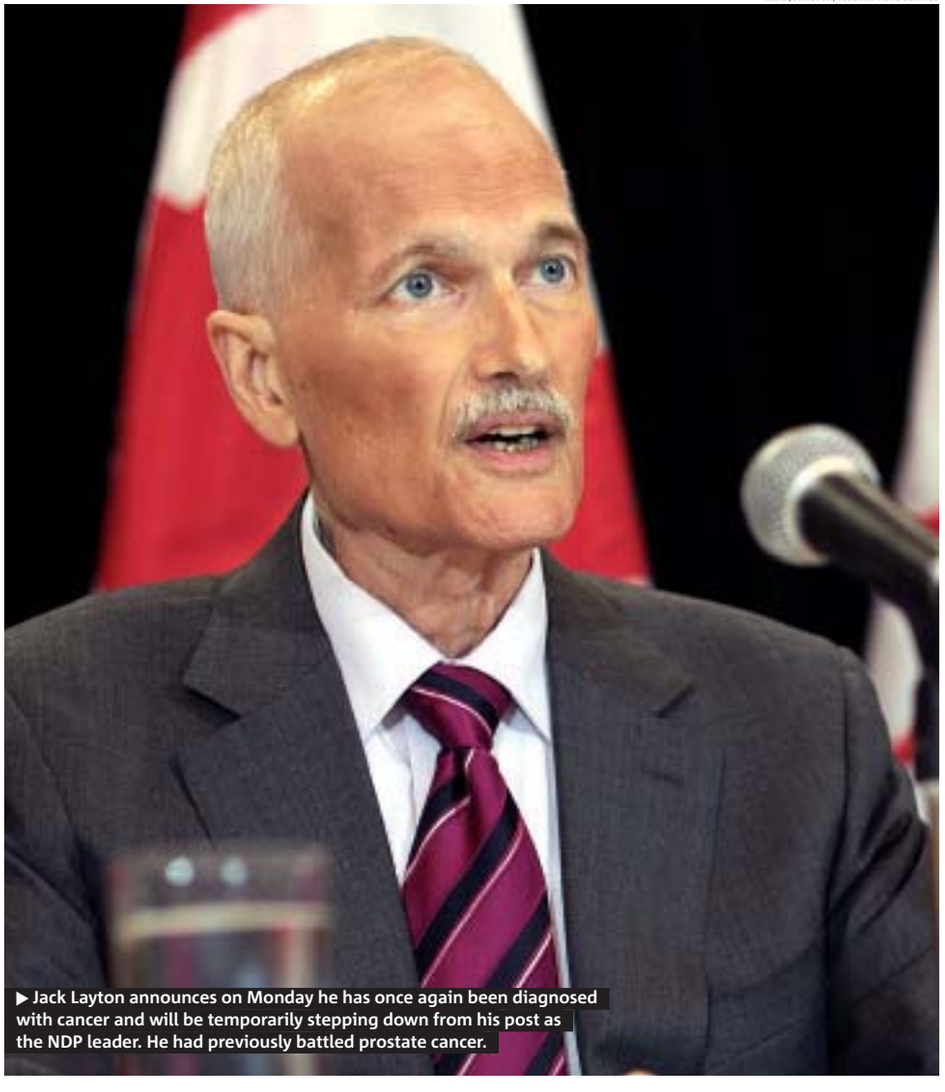
## AFTER THE WIRE
IDRIS ELBA IS RUNNING WITH THE MARVEL CREW NOW
{page 7}

LONDON metro®
Tuesday, July 26, 2011
www.metronews.ca
News worth sharing.

# ‘You could see hearts sinking’

**NDP Leader Jack Layton insists he’ll be back on job Sept. 19 after announcing he’s taking leave of absence to fight new cancer ◗ Layton has strong record of winning tough battles, says the party president Brian Topp**

RENE JOHNSTON/TORSTAR NEWS SERVICE



▶ Jack Layton announces on Monday he has once again been diagnosed with cancer and will be temporarily stepping down from his post as the NDP leader. He had previously battled prostate cancer.

Only three months after riding Jack Layton’s personal popularity to a historic electoral breakthrough, New Democrats are confronting the tragic possibility that they’ll have to soldier on without their charismatic leader.

A frail, raspy-voiced Layton, who has been battling prostate cancer and a recent hip fracture, announced yesterday that he’s been diagnosed with a new form of cancer. The 61-year-old said he’s taking a temporary leave of absence in order to “focus on treatment and recovery.” The party is to appoint an interim leader — Layton is recommending the slot be filled by newly elected Hull-Aylmer MP Nycole Turmel — on Thursday.

Layton would not reveal what kind of cancer he has or what treatment he is undergoing. But he struck a resolutely optimistic tone, saying he expects to be back in the House of Commons this fall.

“I’m going to fight this cancer now so I can be back to fight for families when Parliament resumes,” he told a surprise news conference in Toronto.

Privately, NDP insiders were shocked by how much Layton’s deteriorated since his last public appearance on July 3. The once athletic leader was gaunt and pale.

As they watched the televised news conference, one insider said: “You could see hearts sinking in the room because the visual was very hard.”

Party president Brian Topp acknowledged the obvious.

“I think you can see, as I did, that Jack has lost a lot of weight, and obviously we’re very concerned about him,” Topp said. “It’s clear that it’s serious.” **THE CANADIAN PRESS**

**“He’s a fighter and stronger from your support in this battle.”**
**LAYTON’S SON MIKE, A CITY COUNCILLOR IN TORONTO, VIA TWITTER**

## Politicians stand with Jack

Canadians set aside politics yesterday and stood in solidarity with NDP Leader Jack Layton.

**Prime Minister Stephen Harper:** “I salute the courage Mr. Layton continues to show in his fight against cancer, a fight that more and more Canadians are winning. We are all heartened by Jack’s strength and tireless determination, which with Mr. Layton will never be in short supply.”

**Green party Leader Elizabeth May:** “Our thoughts and prayers are also with (wife) Olivia Chow and all of Jack’s family as well in this difficult time.”

**Liberal Leader Bob Rae:** “We know that Jack is an incredibly resilient man who does not give up a fight. During the last election, he showed an incredible courage in the face of health challenges.” **THE CANADIAN PRESS**

1 news

AP's Seoul bureau chief provides a rare glimpse of daily life in North Korea. Scan code for story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to **m.metronews.ca**

**Correction**

**Monday's front page featured a photograph of a banner from the Middlesex Presbytery of the United Church of Canada with the story 'Mayor, city's finest join Pride.' Incorrect information appeared in the accompanying caption.**

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# Pushing the pedals for MS research

*Metro's Katie Naus took part in her first Rona MS Bike Tour. Here is her first-hand account of the round-trip trek from Grand Bend to London:*

Sweat, aches, flat tires … tears of joy, accomplishment, $1.125 million. It was worth it.

Last weekend, I participated in the Rona MS Bike Tour along with at least 1,849 fellow cyclists, who raised $1.125 million for the MS Society of Canada.

The trip began Saturday in Grand Bend. I was unsure whether I was ready for the 150-kilometre ride, but I soon realized that although the path ahead was long, it had few hills. There were also pit stops with snacks and drinks every 15 km to help get through the hot summer day, and the cheering groups of people along the course motivated me to keep going.

About halfway through the ride, my legs began to feel the wear of constant cycling, but there were few choices other than to keep going until I reached UWO, the final destination for the day.

Waking up Sunday morning, the thought of biking back to Grand Bend was not a pleasant one. Sore legs, achy back — even my elbows were sore! Surprisingly, the journey was easier once I got back on the bike.

Four hours later, I crossed the finish line. I was soon swimming in the lake at the beach at Port Blake Conservation Area after enjoying a barbecue and cool refreshments.

Although physically and mentally challenging, the ride literally whizzed by once we'd begun. And knowing the impact of fundraising for MS research made all the sweat and aches worth it.

METRO

METRO

▶ Katie Naus

# Brainstorm brewing at Western

## New state-of-the-art lab lets researchers work side by side instead of scattered across campus

MARK FILIPOWICH/FOR METRO

▶ Melvyn Goodale, director of the Centre for Brain and Mind, says the U.K. exchange program will keep Western at the forefront of international research in neuroscience.

Western's Centre for Brain and Mind has added more brain power.

The University of Western Ontario will begin training post-doctoral fellows from three leading institutions in the United Kingdom next year.

Each summer, the visiting-post-doctoral-fellows program will bring to Western as many as three trainees from each of the University of Cambridge, King's College London and University College London. The program also allows Western to send three post-doctoral fellows to each of these institutions for four months.

"Western's already strong ties to the United Kingdom were bolstered by having recruited Adrian Owen from the University of Cambridge as a Canada Excellence Research Chair last year," said Ted Hewitt, Western's vice-president of research and international relations. "This program not only enhances our international leadership role in the field, it helps us train the next generation of neuroscientists."

**Great minds**

▶ **The Centre for Brain and Mind** has one of the world's most comprehensive biomedical-imaging suites and one of only three 7T MRIs used for neurological studies.

Known worldwide for pioneering research, the Centre for Brain and Mind has attracted more than $25 million in funding since 2005 and is home to 20 principal investigators. In all, more than 50 Western researchers affiliated with the centre are involved in brain research.

"To continue making advances in this field, we need to provide trainees with access to the best minds and facilities in the world, and this is a great opportunity," centre director Melvyn Goodale said. "Western is a prime destination for international trainees in neuroscience."

METRO

## News in brief

### Runner gives back to LHSC

**ONERUN.** Fundraiser Theresa Carriere delivered a cheque for $200,000 yesterday to the London Health Sciences Centre to benefit breast cancer research. Carriere, a cancer survivor, mother of four and a personal trainer, completed her second annual Onerun fundraising effort on June 10, running from Sarnia to London. METRO

### UWO united in fundraising

**AWARD.** Western's continuing-studies program won top honours in the marketing-on-a-shoestring category at the Canadian Association for University Continuing Education annual conference last month.

The campaign, Invest in Yourself: Help Your Community, was launched to raise money for the United Way and to help Western meet its fundraising goal. During November 2010, $5 from every registration at continuing studies was donated to the United Way.

Since 1994, Western faculty, staff, students and retirees have contributed more than $5 million to the United Way. METRO

### Police bust $500K grow-op

**CRIME.** Three Londoners are charged with running a marijuana grow-op and theft of hydro. A search warrant executed Friday at 2047 Pelkey Rd. netted 469 marijuana plants worth $469,000 and $5,500 worth of growing equipment. It's estimated there was more than $2,400 in hydro stolen as well. Police charged Thanh My Ma and Lu Le, both 49, and Andy Le, 18. METRO

### March of Dimes toasts 60th anniversary

**FUNDRAISER.** The March of Dimes hosts its Dime Line fundraiser today in celebration of its 60th anniversary.

Keeping in touch with its roots, when marching mothers collected "one dime at a time" to raise funds for a polio vaccine, people are invited to press spare change onto a line of double-sided tape. Each donation will receive a small gift, and donations exceeding $5 will be entered into a draw.

The event takes place from 10 a.m. to 3 p.m. at the March of Dimes office at 291 King St. METRO

NO INJURIES

## Tornado hits Sarnia area

Environment Canada has confirmed Saturday's damaging thunderstorm spawned a tornado in eastern Lambton County near Sarnia.

Meteorologist Marie-Eve Giguere says a ground inspection in the area determined it was hit by a combination of a tornado and a downburst.

Officials have not determined the strength of the tornado.

The strong winds damaged as many as five steel transmission towers and 20 wooden poles. Power was knocked out to as many as 13,000 customers at one point. Some farm buildings and trees were also damaged.

No injuries were reported.

THE CANADIAN PRESS

## London man dead after swim

A 20-year-old London man is dead after a swimming accident on Lake Huron off Port Franks, northeast of Sarnia. Provincial police say Jason McLeod was swimming with friends in the Bond Road beach area when he ran into trouble.

THE CANADIAN PRESS

## City calling anti-ageist task force

The City of London is looking for residents to join a task force that will aim to make London more "age friendly." The group will meet from September to June 2012 to develop a three-year plan. To participate, call Kim Scott 519-661-2500 ext. 5739. METRO

# A Loverboy's hate-on

### Frontman of '80s band disses London for not being in England

Whoa! Great to see you, too, Mike Reno!

Reno, frontman for the rock band Loverboy, played Rock the Park here last Thursday. In an interview posted on rollingstone.com, Reno had this to say about the Forest City: "The good news is that I'm still touring the big cities," Reno says. "Right now I'm in London! Bad news is, it's London, Ontario."

Here's what some of our readers thought. METRO

GEOFFREY MCMURRAY/METRO

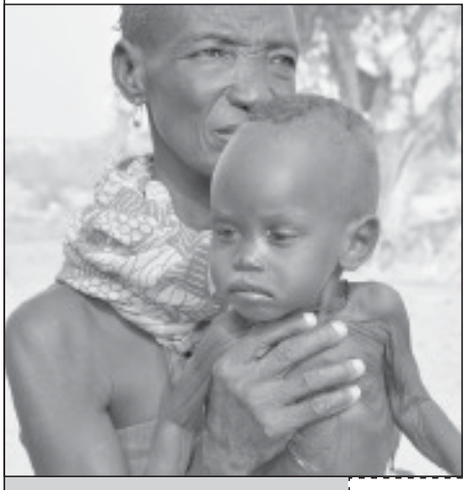
▶ Mike Reno, lead vocalist for Loverboy, performs at Rock the Park 2011 in London last Wednesday.

**Reader reaction**

- **@Petes_tweets_X:** He should be happy they still get to play! It's not like he was who everyone came to see.
- **@S_Sills:** I think it's taken out of context. I think he meant no harm by it.
- **@LeGiff:** Reno's right. Touring to London Ontario can't hold a candle to London England. we have a tenth of the Pop. why would we try?
- **@SudioC:** I would worry about it — if it wasn't Mike Reno.
- **Jason Menard:** I think Mike Reno forgot that he is Mike Reno for a second. I accidentally saw Loverboy in concert a few years back and I thought they were a bad cover band. Delusions of grandeur are dangerous and biting the only hands who continue to feed you ... is dangerous.
- **Nicole Laidler:** Well, at least they're still working!

World Vision

# URGENT: Famine in Africa



## Millions face starvation. Canadian government will match your donation to help children and families.

Deadly hunger is sweeping through Somalia, where the United Nations has declared a famine. Children are dying as it spreads into Kenya and Ethiopia.

Thousands of desperate people are coming to World Vision. Many, critically malnourished themselves, beg for food for their emaciated children. For many, death is only days or hours away.

We are providing life-saving emergency food and water, preventing the spread of disease, and will help families rebuild their lives. But the need is desperate, and more support is needed immediately.

### Please act now. Your gift doubles in value.

The Canadian government will make an equivalent contribution from its East Africa Drought Fund. Your gift of $50 will provide $100 of life-saving food for desperate children and families. $100 provides $200 of food. Please respond now.

Mail the form below or give immediately at WorldVision.ca/help

World Vision is a Christian relief, development, and advocacy organization dedicated to working with children, families, and communities to overcome poverty and injustice. As followers of Jesus, we are motivated by God's love to serve all people regardless of race, religion, gender, or ethnicity.

**FAMINE EMERGENCY: Here's my gift to help starving children and families in the Horn of Africa.**

**Here's my donation to be matched:**

☐ $50 ☐ $100 ☐ $200 ☐ $_____ to help as much as possible

Name _____

Address _____ Apt._____

City _____ Province _____ Postal Code _____

Telephone _____ E-mail Address _____

I would like to use my: ☐ VISA ☐ MasterCard ☐ American Express

CARD NUMBER _____ EXPIRY DATE _____

SIGNATURE _____

Please make your cheque payable to: World Vision

4249488/100958

1 World Drive, Mississauga, Ontario L5T 2Y4
You can donate online at WorldVision.ca/help

**Donate now by calling 1 800-268-1650 or go online at WorldVision.ca/help**

# Norway hearing closed to public

**Suspect threatens more violence Judge orders him held in isolation Thousands lay flowers in Oslo**

JON-ARE BERG-JACOBSEN/THE ASSOCIATED PRESS

▶ Anders Behring Breivik

The self-described perpetrator of Norway's deadly bombing and shooting rampage was ordered held in isolation at a hearing yesterday after calmly telling the court that two other groups of allies stand ready to join his murderous campaign.

Anders Behring Breivik has admitted bombing Norway's capital and opening fire on a political youth group retreat on an island near the capital. He told authorities that he expects to spend the rest of his life in prison. Saying he wanted to save Europe from Muslim immigration, he entered a plea of not guilty that will guarantee him future court hearings and opportunities to address the public, even indirectly.

Police believe Breivik acted alone, despite his grand claims in a 1,500-page manifesto that he belonged to a modern group of crusaders. But they have not completely ruled out that he had accomplices.

Judge Kim Heger ordered Breivik held for eight weeks, including four in isolation, noting his reference to "two more cells within our organization."

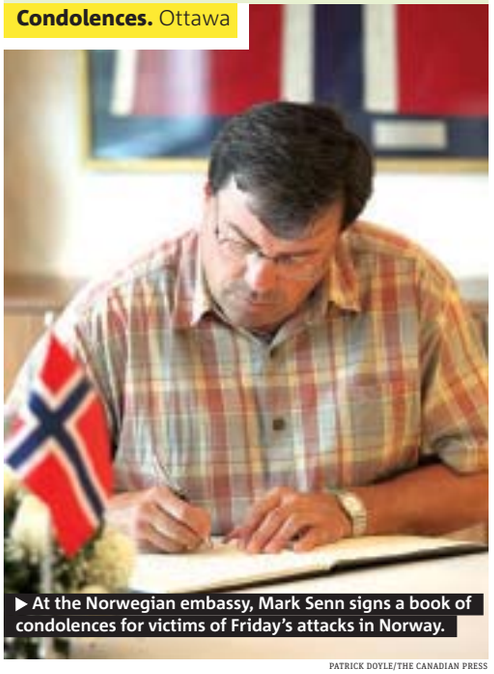
Norway has been stunned by the attacks and riveted by Breivik's strange writings. Hundreds of reporters and locals thronged the courthouse ahead of his first court appearance yesterday, hoping to get their first glimpse of the man blamed for the deaths of 76 people — lowered yesterday from 93. At one point, a car drove through the crowd and onlookers beat at it with their fists, although it turned out Breivik may not have been inside.

But tens of thousands of Norwegians also defied his rhetoric of hate, gathering in central Oslo to mourn the victims and lay flowers around the city.

In an interview published yesterday, Breivik's estranged father said he wished that his son had killed himself instead of unleashing his rage on innocent people.

THE ASSOCIATED PRESS

**Condolences.** Ottawa



▶ At the Norwegian embassy, Mark Senn signs a book of condolences for victims of Friday's attacks in Norway.

PATRICK DOYLE/THE CANADIAN PRESS

## Concern for a friend

**"It's very difficult to understand how one person could have that much hate," said Ottawa resident Mark Senn. When Senn first heard about the bomb blast and youth-camp shooting spree in the northern European country, his thoughts went immediately to a friend with four children who lives outside Oslo. "I spoke with Niels this morning to ensure things were fine, and they are, but he's still trying to understand why this happens." Go to metronews.ca for the full story.**

## Attacks a concern for London 2012 Olympics

IOC president Jacques Rogge is confident police intelligence work will help avert any attack on the London Olympics similar to the bombing and shooting massacre in Norway.

Rogge said British security officials will have taken into account the type of attacks that shook Norway on Friday."This is something that has happened in other countries," the International Olympic Committee leader said by telephone from Lausanne, Switzerland. "I'm quite sure that the security forces have calculated that in their preparations."

British Olympics Minister Hugh Robertson said the U.K. had already prepared for attacks by "lone wolves" but would re-examine its security plans in the wake of the twin attacks. "Clearly, where there are lessons to be learned from Norway we will learn them," he said.

THE ASSOCIATED PRESS

# Ombudsman questions federal contracts

A federal agency that's supposed to safeguard transparency and openness in government hiring practices cooked four of its own employment contracts to make sure favoured workers got hired.

That's the conclusion of the watchdog over the federal contracting process, who determined the Public Service Commission of Canada also failed to properly document its flawed decision-making.

The case involved four people who were hired without a competition to serve as external members of the commission's independent audit advisory committee.

The four sole-source contract jobs, potentially worth about $80,000 each over four years, were posted on a contracting website in September 2009. Other potential suppliers had just 15 days to object.

The notice said there would be no competition for the jobs because "only one person is capable of performing the work" — even though the four job descriptions were identical.

The job applicants had each been given at least two previous contracts at the Public Service Commission.

The job announcement drew the ire of Canadians for Accountability, an Ottawa-based group that fights for government transparency.

The group filed a formal complaint in March of last year with the procurement ombudsman, an office created by the Harper government under the Federal Accountability Act to root out corrupt or unethical practices. THE CANADIAN PRESS

### Favouritism?

**In a scathing report yesterday, procurement ombudsman Frank Brunetta found that the four favoured workers were allowed to review the draft work requirements to ensure they were a perfect match.**

- **The commission** "favoured existing contractors by tailoring requirements, all of which limited fair and open competition for other potential suppliers," Brunetta ruled.
- **There was** "no evidence ... that any one ... was the only person capable of performing the contract."
- **Indeed,** Brunetta's investigation showed that the commission "knew there was more than one supplier who could do the job."

# 4 teens injured in grizzly attack

Seven teenagers who were on a backcountry education course in Alaska were attacked by a grizzly Saturday night when they came upon the bear and its cub.

Four teens were injured, two seriously.

After the bear left, they activated their emergency locator beacon and tending to the wounded. They were rescued early Sunday.

THE ASSOCIATED PRESS

# Gay marriage lawsuit filed

Opponents of New York's gay-marriage law filed the first lawsuit challenging the measure, an anticipated salvo that came yesterday as dozens of same-sex couples exchanged vows in a group ceremony overlooking Niagara Falls a day after the first gay weddings.

A representative of New Yorkers for Constitutional Freedoms said in a lawsuit filed in state court that New York's Senate violated its own procedures when it approved the bill last month. Opponents of the gay-marriage law had promised lawsuits.

Hundreds of gay couples got married starting Sunday as New York became the sixth and largest state to legalize same-sex weddings. On Monday, a mass wedding in Niagara Falls saw 46 same-sex couples exchange vows.

THE ASSOCIATED PRESS

DAVID DUPREY/THE ASSOCIATED PRESS

▶ Sharon Gerbracht, left, and Nancy Gerbracht were married in Niagara Falls, N.Y., yesterday.

ROTTEN APPLES

## Fake Apple shops busted in China

Chinese officials found five fake Apple stores and ordered two of them to suspend business while they're investigated, a local government website said yesterday.

Officials couldn't do anything about the other three stores — which displayed Apple signs and logos — because they did not find any fake Apple products for sale, a local newspaper reported

The investigation follows a blog post last week by an American woman who lives in Kunming in Yunnan province, who stumbled across three shops masquerading as Apple stores in the city. She took photos and posted them on her BirdAbroad blog.

She said they were modelled on the company's iconic stores right down to the winding staircase and the staff uniform of blue T-shirts.

After the blog appeared, the Kunming Trade and Industry Bureau inspected more than 300 electronics stores. THE ASSOCIATED PRESS

# RIM to downsize workforce

### Canadian tech firm to release new generation of BlackBerrys in '12

DAVE CHIDLEY/THE CANADIAN PRESS

▶ An employee holds a Blackberry Playbook tablet at the Research in Motion annual meeting.

Research In Motion will cut 2,000 jobs, or about 11 per cent of its global workforce, this year to reduce costs in the competitive smartphone and tablet markets, in which consumers are increasingly turning to Apple and Android products.

The BlackBerry maker provided the details yesterday, about a month after announcing it would reduce its workforce after it had lower BlackBerry smartphone sales in the recent financial quarter.

The cuts are the largest in the Canadian technology icon's history.

"The workforce reduction is believed to be a prudent and necessary step for the long-term success of the company," RIM said in a statement.

"It follows an extended period of rapid growth within the company where-by the workforce had nearly quadrupled in the last five years alone."

In afternoon trading on the Toronto Stock Exchange, RIM's shares were down $1.28, or 4.8 per cent, at $25.19.

RIM, based in Waterloo, Ont., has about 19,000 employees. Those in North America will begin to receive notices this week. Workers in other countries will be told at a later date.

RIM is facing a host of competition in the smartphone market from Apple's iPhone and smartphones using Google's Android operating system.

Its PlayBook tablet, which met expectations of selling 500,000 in the recent quarter, has received lukewarm reviews compared with Apple's iPad.

"If they want to be a top-three or top-five smartphone player, then they have to much more aggressively spend money in the consumer market,"said analyst Alkesh Shah of Evercore Partners.

"They have to create a differentiated consumer message," Shah said from New York.

There aren't enough reasons for consumers to buy a BlackBerry smartphone or tablet over Apple or Android products, he said, suggesting RIM could promote its security feature, valued by business users, to a consumer audience.
THE CANADIAN PRESS

## Market moment

PRICES AS OF 5 P.M. YESTERDAY

| TSX | Dollar | Oil | Natural gas 1,000 cu ft | Gold contracts |
|---|---|---|---|---|
| - 22.98 (2,036.63) | + 0.37¢ (105.73¢ US) | - 0.67¢ US ($99.20 US) | $4.41 (+1.5¢) | $1,612.20 (+ $10.70) |

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Beef Baron GENTLEMEN'S CLUB
624 York St. London 519-672-3430 beefbaronline.com

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SALES REPRESENTATIVE – CLASSIFIED

The Inside Sales Representative – Classified will sell the benefits of advertising, within a specified business category, across a range of publications (printed and electronic) over the telephone to existing and potential clients. The right candidate will achieve (or exceed) all targets and standards.

PRIMARY RESPONSIBILITIES:
- Achieve established level of contact with existing accounts and take action to increase levels of business activity (up sells)
- Handle incoming requests from customers (email, fax or phone calls) and outbound (call backs for expired ads)
- Identify, contact and generate leads to gain market share
- Identify sales opportunities and effectively present key features and benefits of products, cold calling and making outbound calls
- Understand and represent the brand and the competitive landscape
- Provide a high standard of professional individualized customer service
- Understand the brand and the competitive landscape
- Ensure all client details are fully completed on a daily basis
- Log calls and update customer database accurately with prospect information
- Present daily reports and other performance feedback to the team leader/manager

REQUIREMENTS OF THE POSITION:
- Post secondary education in a related field
- Minimum 3-5 years inside sales/telephone sales and/or customer service experience
- Knowledgeable in organizational procedures, sales processes, work flow and reporting
- Strong sales and negotiation skills, able to write advertising copy
- Excellent organizational and time management skills as well as accountable and goal oriented
- Brilliant multi-tasking abilities, able to learn quickly and adapt to change
- Impeccable communication skills and superior knowledge of MS Office

If you think you have what it takes for this position, send your resume and cover letter to hr@metronews.ca no later than August 5, 2011. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.
metro

# TABLE FOR TWO, PLEASE ... NON-CHILDREN

## SHE SAYS ...

JESSICA NAPIER
METRO

Earlier this month, I read a news story about a Pennsylvania restaurant owner who has decided to ban children under the age of six at his establishment. While outraged parents condemned the restaurant for discriminating against their brood, some clientele welcomed the new policy, breathing a heavy sigh of relief knowing that their next $30 entrée wouldn't be served up with a side of screaming toddler.

Misbehaved children, and their seemingly oblivious guardians, can reduce a pleasant dining experience to an evening of exasperated eye-rolling. There have been plenty of times that I've given up on dessert or another glass of wine in order to get away from the piercing sound of a four-year-old in the middle of a temper tantrum.

So should the parents of these bratty customers be more considerate of their fellow patrons and leave the kids at home when dining out?

Some would argue that parents should be entitled to enjoy a meal with their offspring without being subjected to dirty looks from the next table. However, in my opinion, letting your precious angels run laps around the dining room or shriek hysterically while being force-fed broccoli is inexcusable. If you are unwilling or unable to control your children, you might want to skip the high-end restaurants and opt for a Happy Meal instead.

**"Irresponsible parents and their squealing spawn should be banished to family-friendly restaurants that provide crayons with their kids' menu. Sure, the food at these playground snack bars isn't exactly top-notch, but you have to sacrifice a little if you want arcade games as an appetizer."**

Irresponsible parents and their squealing spawn should be banished to family-friendly restaurants that provide crayons with their kids' menu. Sure, the food at these playground snack bars isn't exactly top-notch, but you have to sacrifice a little if you want arcade games as an appetizer.

But while misbehaved tots can be a serious annoyance, I've seen plenty of adults over the years who are just as bad, if not worse, when it comes to mealtime manners.

Grown-ups should know better but often they don't. They snap their fingers at the serving staff, request so many modifications they might as well eat at home and linger at the table while a lineup stretches out the door. Of course, the worst restaurant-goers are those who insist on conducting obnoxious cellphone conversations mid-meal with no regard for their dinner date or the increasingly annoyed patrons around them. The loudmouth suit screaming into his BlackBerry is just as disruptive as the little ones shrieking over their vegetables. Small children may not be ideal dinner companions, but there are also plenty of adults out there who could use a crash course in dining etiquette.

*Read more of Jessica Napier's columns at metronews.ca/shesays*

Metropolitan Panel
**Register at metropolitanpanel.ca and take the quick poll**

**After the phone-hacking scandal, is Rupert Murdoch's era of influence over?**

**54%** NO. HE'S STILL BEAMED INTO THE MINDS OF MILLIONS

**45%** YES. HIS FATE WAS SEALED WITH A PIE ATTACK

## Local tweets

- **@Evolving:** Dear person with the drill in the next room, Please stop!!! #headache #uwo
- **@eefaust:** Last @interrobang_fsu meeting of the summer today! Kind of sad & kind of exciting. We have so much in store for 2011/12 #fanshawe students!
- **@WesternFair:** JUST ANNOUNCED: Colbie Caillat will be playing the Western Fair Wed, Sept 14th! #LDNont #LDNevnt
- **@ndpxoxo:** Had the best time at #rockthepark this weekend #LDNont I think I feel in love all over again #ourladypeace http://t.co/6IjApKH
- **@heavymalcolm:** #ldnont anyone have any luck with digital antenna? recommend a good one?
- **@HealthCentre:** Today I'm inspired by a friend who just completed her first Ironman race. What or who inspires you today? #inspiration #ldnont
- **@ray_cullen_chev:** Ribfest 2011 this weekend #LdnOnt Looking forward to seeing everyone! Look for the Camaro ;)
- **@C_Kluge:** Thanks elevator. #UWO

## Worth Mentioning

**HAPPY MEALS.** Emotions can be modified by the intake of food even when people don't taste the food or realize they are receiving nutrients, new research indicates. Participants in a study were blinded as to the nature of a intragastric infusion, and had 40-minute fMRI neurologic scans as they provided responses about their mood, fullness, hunger or nausea.

Sad or neutral emotions were induced with music played through headphones and with images of facial expressions depicting either sad or neutral emotions back-projected onto a screen.

Hunger scores rose during sad emotion and decreased during neutral emotion conditions. The effect of a sad mood was weakened by fatty acid.

"The novelty lies in the fact that it's purely subliminal or what we call unconscious brain signalling happening here," said lead author Dr. Lukas Van Oudenhove.

"Something I like about this study is that it starts from the body, from the stomach, and it goes to the brain," said Dr. Giovanni Cizza.

THE CANADIAN PRESS

## Cartoon by Michael de Adder

WEIRD NEWS

# This is how you end up waking up in Vegas

One day in the spring of 1979, Arthur Gerald Jones, a well-connected Chicago financier and father of three, left his posh home to run an errand and vanished, never to return.

Despite the FBI's best efforts to figure out what happened to the powerful commodity trader, no trace was ever found of Jones. In 1986, an Illinois court declared him dead, and social security paid $47,000 in survivor benefits to his wife and children.

But late last week, the shroud of mystery enveloping the 32-year-old case was suddenly pulled back when Jones, now 72, was discovered living in Las Vegas, where he has been working as a bookie at a casino.

According to a court affidavit, Jones told a special investigator with the Social Security Administration that he had a seat on the Chicago Board of Trade as a commodities trader, but was forced to sell his seat to pay off a debt incurred when he made a trading error. He lost his job in the process and, fearing what investigators have speculated may have been relations with the Chicago mafia, Jones decided to leave his wife of 17 years and family.

TORSTAR NEWS SERVICE

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# A career in high gear

**After finding success on TV's The Wire, Idris Elba launches his career with a slew of new movies that have a comic book theme Metro caught up with the rising star at Comic-Con**

NED EHRBAR
MWN IN HOLLYWOOD

GETTY IMAGES

▶ Actors Idris Elba and Nicolas Cage speak at a Ghost Rider: Spirit of Vengeance panel during Comic-Con 2011 in San Diego last week.

Between last year's the Losers, this year's Thor and next year's Ghost Rider: Spirit of Vengeance, British actor Idris Elba seems to have a thing for comic book adaptations.

But there's still one superhero that's eluded him: Avengers member Luke Cage. Not that he's complaining, mind you.

Between two Emmy nominations, Ridley Scott's upcoming Alien prequel, Prometheus, and Guillermo del Toro's Pacific Rim, which starts shooting in October, the former Wire star has plenty to keep him busy.

Metro caught up with Elba in the middle of the Comic-Con madness for a status update.

**What are you most excited to see or do while at Comic-Con?**
Dude, I don't get to do anything. I do like seeing the audience react to what we've got to show them for Ghost Rider, because I just saw it and it's phenomenal.

**You've been doing very well with comic book movies lately.**
Well, two films, two characters, really. And the Losers as well.

I thought that film was good. It had a lot of opportunity to be better — not better but more well received. It didn't quite do it, but I liked the film. I thought it was well directed. Sylvain White did that, and he's great.

**Speaking of comic book characters, you've mentioned wanting to play Luke Cage in a film.**
I'd like having a shot at that. But listen, we need to know there's an appetite for that. I need the audiences that like Luke Cage to come up and say they want to see a Luke Cage film with me in it.

I'm part of the Marvel family, and I think now they might be aware that there's this little appetite to do it, but at the same time, I'm also part of the Thor story, so we'll see.

**What can you tell us about Prometheus?**
I have to say, it's an enormous film — enormously rich in its depth, its complexity. The filmmaking is second to none.

It's none other than the great Ridley Scott, and there are some really good actors in it. I can say this: The wait for Ridley to return to a film like that is definitely going to be rewarded with something exciting

**You've had a few roles now for which people recognize you. What comes up most?**
The Wire, mainly. It was my first American calling card. But now Luther is starting to, and then Heimdall [in Thor], believe it or not. A lot of people are actually like that. It's a tiny part in that film — huge film, tiny part, but it definitely has resonated with some people.

## DVD Releases

**Buy it | Rent it | Borrow it | Yawn | Don't bother**

**Source Code**
**Genre:** Sci-fi
**Director:** Duncan Jones
**Stars:** Jake Gyllenhaal, Michelle Monaghan
●●●½

Source Code's almost risible collision of the bogus science and cranial confusion recalls Groundhog Day, Inception and Avatar. It also shares the isolation and alienation found in Moon, director Duncan Jones' heralded debut.

Continually returning to its opening scene, the film has Jake Gyllenhaal chatting up Michelle Monaghan on a Chicago commuter train, in a situation meant to remind us of Strangers on a Train. It's more schlock than Hitchcock, but here's where good casting and a little patience pay off.

Gyllenhaal is U.S. army Capt. Colter Stevens, a decorated helicopter pilot who awakens to find himself part of a science experiment.

The science is sketchy, to say the least. Jones allows Jeffrey Wright, as the Source Code project head, to ham it up with a wacky professor turn.

Better that Jones should concentrate on the performances, and he gets three fine ones from Gyllenhaal, Monaghan and Farmiga, who invest a good deal of emotion into a farcical situation.

If all else fails, it's a decent thriller at a brisk 93 minutes, including all the repeats. PETER HOWELL

## 2 scene

### New album

After more than four years, Leslie Feist is finally ready to release a new album. The eight-time Juno winner has announced that her fourth full-length, Metals, will be released on Oct. 4. The 12-song album was recorded with usual collaborators Chilly Gonzales and Mocky.

The 35-year-old's last album, 2007's The Reminder, was a breakthrough hit, reaching platinum certification in Canada and going gold in the U.S.

THE CANADIAN PRESS

Now out of The Office, Steve Carell cranks up movie career with type of film he loves.

# Cause of death unknown after Winehouse autopsy

## Family visits memorial outside home Spokesperson says funeral will be held today

LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

▶ Janis, the mother of Amy Winehouse, is comforted as she weeps while looking at flowers left by mourners outside Winehouse's home in Camden Square in London yesterday.

An autopsy on singer Amy Winehouse Monday failed to determine what killed the 27-year-old star, leaving fans and family with a weeks-long wait for the results of toxicology tests.

Winehouse's devastated parents visited mourners outside her north London home to thank them for their support.

The singer, who had struggled with drug and alcohol abuse for years, was found dead Saturday at home by a member of her security team, who called an ambulance. It arrived too late to save her.

The Metropolitan Police said Monday that a forensic post mortem "did not establish a formal cause of death and we await the results of further toxicology tests." Those are expected to take two to four weeks.

An inquest into the singer's death was opened and adjourned at London's St. Pancras Coroner's Court. During the two-minute hearing, an official read out the name, birth date and address of Winehouse, described as "a divorced lady living at Camden Square NW1."

"She was a singer songwriter at the time of her death and was identified by her family here at St. Pancras this morning," said coroner's officer Sharon Duff.

Duff said the scene of Winehouse's death "was investigated by police and determined non-suspicious."

In Britain, inquests are held to establish the facts whenever someone dies violently or in unexplained circumstances. Assistant Deputy Coroner Suzanne Greenaway said Winehouse's inquest would resume on Oct. 26.

The singer's father, mother and brother visited her home yesterday, stopping to inspect the mounds of bouquets, candles and handwritten notes across the road from the Victorian house.

Her father, Mitch Winehouse, thanked mourners for their tributes.

"I can't tell you what this means to us – it really is making this a lot easier for us," he said.

THE ASSOCIATED PRESS

### Celebrity Tweets

"You know you're dedicated to hooker-pop when your bruises and cuts are shaped like fishnets" @ladygaga

"Hey rest of the United States, gay marriage is like color tv - eventually everybody was gonna get it" @billmaher

"If Voldemort is such a powerful wizard, why can't he conjure up a new nose?" @ConanOBrien

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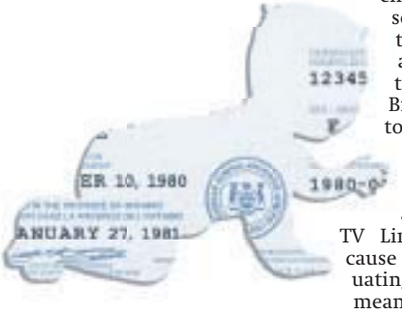
# Will the show go on for Glee leads?




While Glee boss Ryan Murphy recently said stars Lea Michele, Cory Montheith and Emmy nominee Chris Colfer would be leaving the show after next season, that may not actually be the case. "Here's the exact thing: [The characters] are seniors, so they're graduating," executive producer Brad Falchuk told the audience at the show's Comic-Con panel, according to TV Line. "But because they're graduating doesn't mean they're leaving the show. If you have Lea Michele under contract, you don't say, 'We're gonna let you go.'"

METRO

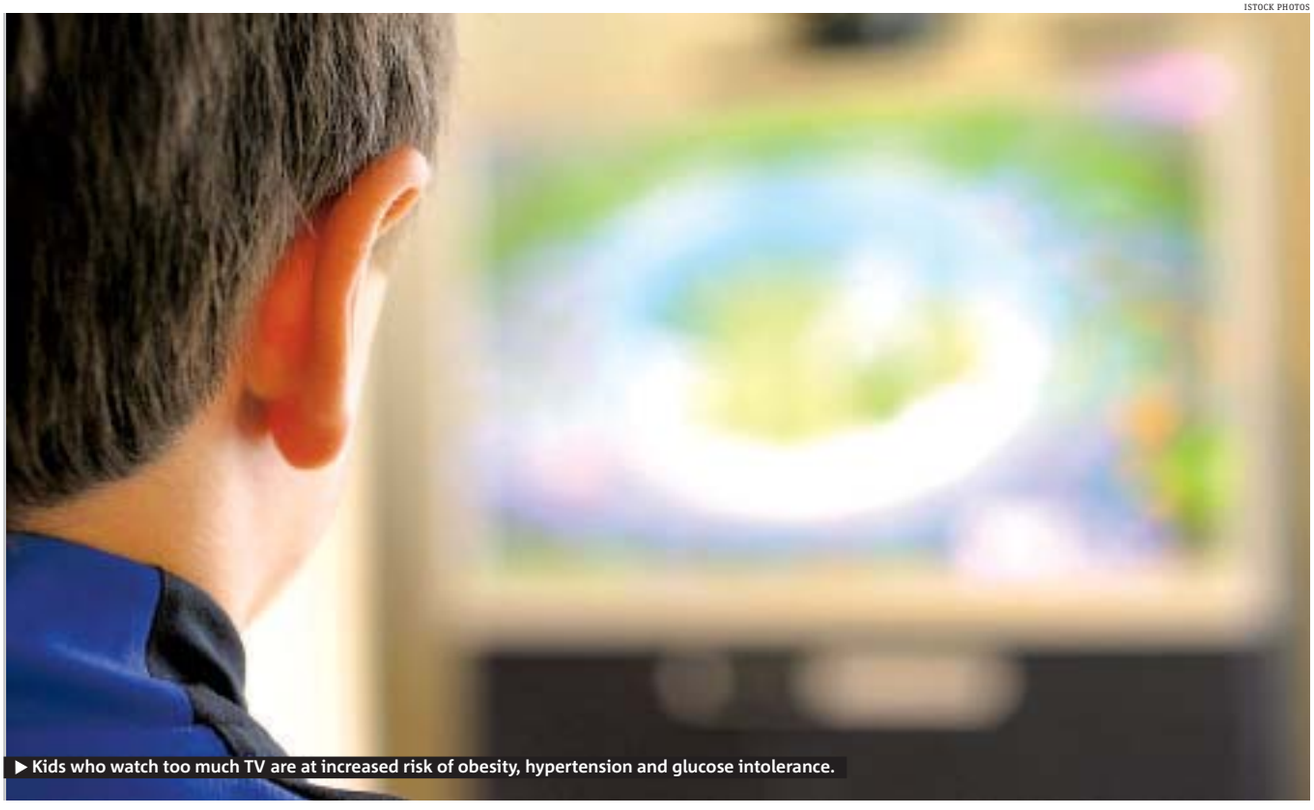
ISTOCK

▶ Cory Montheith

ISTOCK

▶ Lea Michele

ISTOCK PHOTOS



▶ Kids who watch too much TV are at increased risk of obesity, hypertension and glucose intolerance.

# Turn off and tune in

## Children who take in high amounts of television are at heightened risk of chronic disease

CELIA MILNE
LIFE@METRONEWS.CA

Peel those kids away from the TV this summer.

A study conducted at Queen's University in Kingston, Ont., has found that children and adolescents who watched more than four hours per day of TV were 2.5 times more likely to have heightened risks for chronic disease than those who watched less than an hour per day.

The study was looking for cardio-metabolic risk factors, which are signals that the body could be heading in the direction of heart disease and type 2 diabetes.

These included obesity, hypertension, fats in the blood and glucose intolerance.

"These risk factors are becoming more prevalent in children and adolescents," says Valerie Carson, a PhD student in the school of kinesiology and health studies, who was lead author on the paper.

"This particular study found the most significant health risk at greater than four hours per day (of TV). This is concerning because these risk factors can track from childhood to adulthood," she adds.

Carson and her supervisor Ian Janssen, associate professor in the school of kinesiology and health studies at Queen's, took into account age, gender, ethnicity, socioeconomic status, physical activity levels and diet, and still drew the same conclusion.

"Even if children and adolescents are active, if they engaged in high daily TV use, they may still have cardio-metabolic risk factors," says Carson.

For the study, she and Dr. Janssen studied the habits of 2,527 children and adolescents who were enrolled in the National Health and Nutrition Examination Surveys (NHANES).

TV is really quite wicked: other studies have found excessive screen time is linked to increased violence, negative self-image, and higher amounts of smoking, drinking and drug use.

Carson's article was published recently in the journal BMC Public Health.

# Getting kids active

CELIA MILNE
LIFE@METRONEWS.CA

It's an old refrain of parents: "Turn off the TV and go outside!"

Did you know that kids should be active for at least 60 minutes a day to stay healthy?

That is the guideline issued recently by Participaction and the Canadian Society for Exercise Physiology for children from ages five to 11.

In addition, kids shouldn't stare at a screen for more than two hours per day. This includes TV as well as computers and video games.

Ideally, each week's activities should include a few things.

The first is getting sweaty and out of breath three times a week..

And another is doing activities that strengthen bone and muscles three times. Children don't have to know they are "exercising," just that they are having fun. Try rollerblading, playing tag, running, swimming, biking, or playing at the park.

ISTOCK PHOTOS

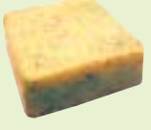
Getting kids active is easier than you think.

3 life

## Dimple free thighs

**Scrub: Lush Buffy body butter**

Use this massage bar in the shower to exfoliate the skin and boost circulation. The slight roughness of ground rice, almonds and aduki beans helps remove dead skin cells as the cocoa and shea butter moisturize.



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Earache can be side-effect of summer splash season: preventing swimmer's ear

# Potato Salad with a taste of Mexico

## Chef Marcela Valladolid created this summer side dish, which incorporates ingredients from her homeland

"We're not big salad people in Mexico and I'm always looking for ways to incorporate the ingredients that I grew up with into recipes that people on this side of the border can identify with," says Marcela Valladolid, a star of The Food Network. "The combination of charred poblanos and corn is a classic one in Mexico and once added to a rich, creamy dressing and soft potatoes it makes for the perfect summer side," she said.

Here, Valladolid offers a potato salad studded with grilled corn and poblano peppers.

Valladolid suggests serving this salad with grilled steak and cold beer or lemonade.

If you can't grill outdoors, she says a grill pan works just fine for the corn. The potato salad can be made a day ahead and refrigerated. Let stand at room temperature for 30 minutes before serving.

**Ingredients:**

- 1 kg (2 lb) medium red-skinned potatoes
- 3 ears corn, husks removed
- 2 poblano chilies, charred, peeled, stemmed, seeded and chopped
- 250 ml (1 cup) chopped scallions (white and pale green parts only)
- 125 ml (1/2 cup) sour cream
- 50 ml (1/4 cup) mayonnaise
- 50 ml (1/4 cup) chopped fresh cilantro
- Salt and ground black pepper

**Preparation:**

1. In a large pot, place potatoes and cover with salted water. Bring to a boil and cook for 30 minutes or until tender when pierced with a knife. Drain potatoes and let cool slightly.
2. Meanwhile, heat a grill to medium-high. Add corn and grill, turning to grill all sides, for 10 minutes or until evenly browned.
3. Halve potatoes and place them in a large bowl. Using a sharp knife, carefully cut corn kernels off cobs and add to bowl. Mix in poblano chilies, scallions, sour cream, mayonnaise and cilantro. Season with salt and pepper. THE ASSOCIATED PRESS/ FRESH MEXICO BY MARCELA VALLADOLID (CLARKSON POTTER, 2009)

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipe makes six servings.

# Now, that's a sandwich

## Hot Italian Sandwiches is the spot for delicious, filling eats and great value

LUNCH RUSH

PAUL MITCHELL
FOOD@METRONEWS.CA

PAUL MITCHELL

▶ This photo doesn't do justice to the size of the veal sandwich from Hot Italian Sandwiches.

The strip-mall restaurant may be called Hot Italian Sandwiches, but I am now going to call it Gigantic Hot Delicious and Messy Italian Sandwiches — with a few other excitable adjectives.

The shop is small but friendly. Racks of olive oil, canned tomatoes and other ingredients keep the seating limited. Designed for quick lunches, it is better suited for take-out.

Serving only salads and sandwiches, my companion orders the meatball ($5.99) and I choose the recommended veal ($6.79).

For an additional $2, we both get "the works" — sautéed sweet bell peppers, onions, mushrooms and melted provolone cheese. The bun is the size of a dinner plate and filled with two inches of juicy breaded veal and tomato sauce. The meat, bread and sauce ratio is dead-on.

As much as I try, I can only finish half of my Hot Italian Sandwich. An incredible value, the rest will be my scrumptious afternoon snack!

**Hot Italian Sandwiches**
797 York St., Unit #8
519-850-8116
hotitaliansandwiches.com
Reservations: No
Social lunch: Yes
Client negotiations: No
Price range: $5.99 - $8.79
Rating: 4 out of 5

THE CANADIAN PRESS H/O

## Quinoa Thai Tuna

**Preparation:**

1. Rinse quinoa. In large saucepan, bring water to boil; add quinoa. Reduce to simmer and cover. Cook for 2 minutes. Drain if necessary.
2. In a sauté pan, heat tuna. Add juice of a lime to quinoa. Stir in tuna, mango and green onion. Serve immediately. THE CANADIAN PRESS/ CLOVER LEAF

**Ingredients:**

- 175 ml (2/3 cup) red quinoa
- 375 ml (1 1/2 cups) water
- 2 cans flaked light tuna (Spicy Thai Chili flavour)
- 1 lime
- 1 sweet mango, ripe, small to medium size, chopped
- 1 green onion, sliced

## Date Night, Celebrity Edition

GETTY IMAGES

▶ Keshia Chanté

### Juno Award-winner Keshia Chanté loves her a dinner date

"My perfect date would definitely have to be dinner, because I love food, especially pasta. (Laughs).

But it would really be about the conversation — I love to debate! And I love to think about different issues in the world, like politics and stuff like that. So it definitely has to be really great conversation over dinner.

"Or it might be like an art gallery or movie — it's pretty basic, but it really comes down to the person."

GETTY IMAGES

▶ Tracy Moore

### CityLine host Tracy Moore's fave date night ideas

"Lio (my husband) and I love to eat, and he's very much a foodie. So our perfect date night out would be going to a really great restaurant to spend several hours pouring over the appetizers, wine, entrées, dessert, cheese plate — everything! And there'd be a lot of talking because we're both very big talkers. But another great date is just staying in: putting our son, Sidney, to bed, popping in a movie and eating junk food in front of the TV. Those are both perfect nights in their own way!"

**GO TO 2FORCOUPLES.COM FOR MORE DATE NIGHT IDEAS**

GETTY IMAGES

### Mandy Moore's perfect date night

The chanteuse spills on her favourite way to spend a night in with her hubby.

"Just because it's a date, I don't think you have to go all out with something extravagant or expensive. I'm actually learning how to cook at the moment. My guy (husband and rocker Ryan Adams) is a much better cook than I am. So it would be fun to learn how to cook one of his favourite dishes and then make it for him. You know, this is sounding like a really good idea — I think I might have to do this on the weekend!"

▶ Mandy Moore

# CONSIDER YOUR FAMILY'S FEELINGS

**Hi Charles:**
**I am planning a summer party and I'm inviting most of my family. One of my cousins, however, is married to a guy I can't stand. If I am hosting and paying for this party, may I invite my cousin and ask her not to bring her husband?**

**Patsyb**

Dear Patsyb:

I fully understand your feelings. We've all been in your shoes!

I think this is the real problem… if you don't invite your cousin's husband, you will do more damage and create more of a scene than if you do invite him.

You risk really offending your cousin and you will put her in a very awkward position.

Ask yourself: what is she supposed to tell her husband about why he can't come to your party?

It's not fair that your cousin be placed in that position.

You have two choices: invite the cousin with her husband or don't invite either of them. If you're a good sport, you will invite them both and find someone you can invite to keep the pesky husband occupied in conversation so he leaves you all alone!

**CHARLES WOULD LOVE TO HEAR YOUR QUESTIONS. EMAIL HIM AT ASKCHARLESTHEBUTLER@METRONEWS.CA.**

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# BE A FAST FOLLOWER

## FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

It's tempting to buy the latest gadget the moment it hits the market. But, being an early adopter is expensive. I recommend taking the "fast follower" approach, which means waiting to buy until after the initial product hype clears, prices decrease, and the next generation of technology offers greater value for the same price.

There are three products to avoid buying brand new or upon their launch; cars, computers and electronics.

New cars depreciate between 15 and 20 per cent in the first year of ownership. So, forget buying new and save thousands by picking up a one- or two-year-old car with low mileage at a lower price. For an even deeper discount, buy a three or four year lease return. These have to pass high inspection standards when they're returned and they can often be purchased for less than 50 per cent of the original purchase price.

These days computers aren't optional. But unless you require video stream or high-end design functionality, you can get by with a machine that is a couple of years old. Consider a scaled down version or buying when there are major sales.

First generation tablets and phones are expensive when launched. Shortly after their release, prices drop and much better second generation versions appear.

Video games, consoles, televisions, cameras and other electronics are priced at a premium. Wait to buy or scope out an online deal.

Being a fast follower saves you big bucks. Plus, you'll still get great products!

# Help your kids avoid debt

## ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

For new parents, here's the bottom line. If you don't get serious about saving for post-secondary studies, that cooing little bundle is almost certainly going to be severely burdened by student debt.

If current trends continue, a four-year degree is likely to cost $80,000 for live-at-home students by 2025 and $125,000 for those away from home.

The good news is that new parents are putting aside those education pennies. Across Canada, nearly 90 per cent of those with young children have started saving, according to the TD Canada Trust 2011 Education and Finances Survey.

**Thinking ahead**

**Do you have an RESP for your child?**

- 89% of parents under 35
- 60% of parents age 45-54

The goal for those with younger children should be to get the maximum Canada Education Savings Grant of 20 per cent on the first $2,500 annually per child contributed to an RESP (Registered Education Savings Plan). That's a little over $200 monthly. Even if you just invest the money in GICs and bonds you'll have about $40,000 after 10 years and nearly $90,000 after 18.

For parents of teens, education financing is a big stress point. TD's survey discovered that more than 85 per cent of parents (at least in Ontario) with kids under 18 don't expect to be able to pay the shot for their children's education.

Interestingly, fewer of those parents expect their children to help pay for their own education, 31 per cent down from 39 per cent last year. The decline may have to do with the difficulty in finding summer jobs.

My daughter, a student chef, has only managed irregular shifts so far this summer at two different restaurants.

Parents with teens, and little in the way of savings, might consider postponing education. A couple of years of living at home and working, even at a minimum wage job, could easily mean the difference between a decade of debt and a nearly debt-free degree.

Working roughly 35 hours a week at minimum wage will bring in about $20,000 annually. Saving 75 per cent of that over two years is $30,000. For a live-at-home student-to-be, that money, along with RESP savings, will go a long way to reducing student debt.

ISTOCK

▶ Alison's money rule: Whether you have a baby or a teen, it's never too early or late to start saving for education.

POPQUIZ

I keep reading news about a slowdown in the US economy – should I sell my investments?

A: Money in America? Is that an oxymoron?

B: You should invest! You can't get the ups without going through the downs.

FIND TIPS & TRICKS
in Allan Small's Investment Perspectives Column: *Negative news provides a drag on the market.*

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# Gridiron reconciliation

## NFLPA's team reps unanimously vote to end lockout Puts longest work stoppage in NFL history to rest

Now it can be said with certainty: Get ready for some football!

NFL players voted to OK a final deal yesterday, days after the owners approved a tentative agreement, and the sides finally managed to put an end to the four-and-a-half-month lockout.

"This is a long time coming, and football's back," NFL commissioner Roger Goodell said, "and that's the great news for everybody."

At a joint appearance outside NFL Players Association headquarters in Washington, Goodell and NFLPA head DeMaurice Smith were flanked by some of the owners and players who were involved in the talks. They spoke shortly after the NFLPA executive board and 32 team reps voted unanimously to approve the terms of a deal.

"We didn't get everything that either side wanted ... but we did arrive at a deal that we think is fair and balanced," Smith said.

Owners overwhelmingly approved a proposal Thursday, but some unresolved issues still needed to be reviewed to satisfy players.

The sides worked through the weekend and wrapped up the details yesterday morning on a final pact that runs for 10 years, without an opt-out clause, a person familiar with the deal told the AP on condition of anonymity.

Owners decided in 2008 to opt out of the league's old labour contract, which expired March 11, and led to the lockout.

### Back in business

**A tentative timeline allows NFL clubs to start signing 2011 draft picks and rookie free-agents today.**

- Conversations with veteran free agents could also start today with signings possibly beginning Friday.
- Under the proposed schedule, training camps open for 10 of 32 teams tomorrow, 10 more on Thursday, another 10 on Friday and the last two teams on Sunday.

"I know it has been a very long process since the day we stood here that night in March," Smith said. "But our guys stood together when nobody thought we would. And football is back because of it."

Owners can point to victories, such as gaining a higher percentage of all revenue, one of the central issues — they get 53 per cent, the players get 47 per cent. The old deal was closer to 50-50. There's also a system that will rein in spending on first-round draft picks.

Players, meanwhile, persuaded teams to commit to spending nearly all of their salary cap space in cash and won changes to practice rules that should make the game safer.

The owners also didn't get their wish of expanding the regular season from 16 to 18 games. That can be revisited for the 2013 season, but players must approve any changes.

THE ASSOCIATED PRESS

ROB CARR/GETTY IMAGES

▶ New England Patriots owner Robert Kraft, left, and Indianapolis Colts centre Jeff Saturday share an embrace in Washington yesterday.

# Ames trails Vegas after first day of skins action

Venezuelan golfer Jhonattan (Johnathan) Vegas was the top money earner on the first day of the Telus Skins Game in Banff, Alta., yesterday while Canadian Stephen Ames was a close runner-up.

Vegas, the first Venezuelan to win a PGA event, is making his first appearance at a skins game.

He won two skins on the 6th and 8th holes for a total of $55,000. Ames had a good start, winning the first three skins for $45,000.

THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Jhonattan Vegas

RED WINGS

## Draper set to retire today?

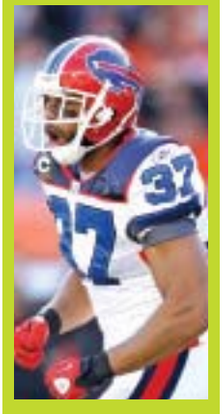
The Detroit Red Wings have called a news conference with Kris Draper amid reports that the veteran forward will retire.

The 40-year-old helped the Red Wings win four Stanley Cups and was named the NHL's best defensive forward in 2004. But injuries limited him to 47 games and 11 points last season.

Detroit may have run out of room at forward. Patrick Eaves and Drew Miller were re-signed and prospects are expected to also get a chance to play next season. THE ASSOCIATED PRESS

4 sports

**Quoted**



**"I think we did a great job of protecting the players that are currently playing and to preserve the game for the players to come and to protect the work that had been done by those who came before us."**

BUFFALO BILLS SAFETY GEORGE WILSON AFTER YESTERDAY'S ANNOUNCEMENT THAT THE NFL AND ITS PLAYERS HAD COME TO AN AGREEMENT TO END THE LOCKOUT.

Scan code for more sports news.

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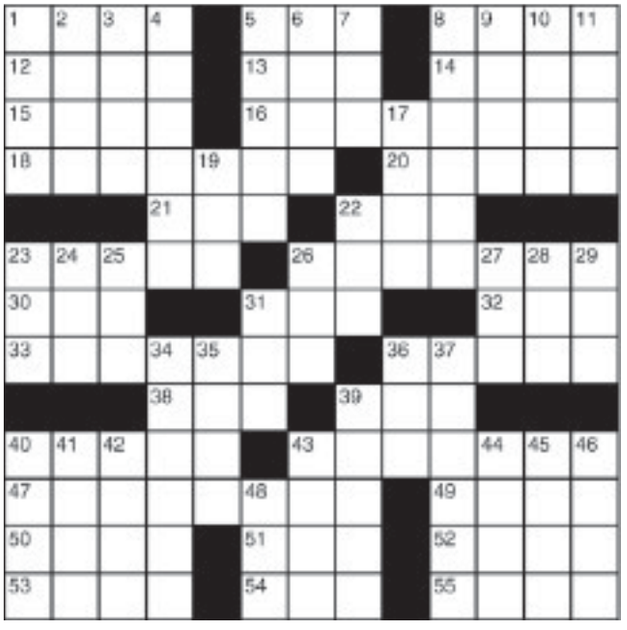
## Crossword



**Across**

1 Take to the pool
5 Bookkeeper (Abbr.)
8 Harvest
12 Houston acronym
13 Talk on and on
14 Being (Lat.)
15 Without doing anything
16 Slapstick missile
18 Mouth, slangily
20 Queenly
21 First lady?
22 Overweight
23 Andean pack animal
26 Sink a putt
30 A billion years
31 Peace, to Caesar
32 Lingerie item
33 Where oaters take place
36 Make like Manet
38 Wall climber
39 — Solo
40 Sierra —
43 "The Great Gatsby" locale
47 Chocolate syrup + milk + seltzer
49 Perjurer
50 Strong wind
51 Khan title
52 Therefore
53 Praiseful works
54 Sawbuck
55 Stench

**Down**

1 Quick cut
2 Dry streambed
3 Capri or Wight
4 Needless violence
5 Recurring sequence of events
6 Remove rind
7 Gorilla
8 Couch potato's device
9 Catch sight of
10 Largest continent
11 See 6-Down
17 Sea that's really a lake
19 Eggs
22 "The Simpsons" network
23 Zodiac cat
24 Brock of baseball lore
25 Pismire
26 Chapeau
27 Sapporo sash
28 Coffee vessel
29 Make lace
31 Freudian subj.
34 Recoils
35 Always
36 — de deux
37 Rack component
39 Macho type
40 Building block name
41 "Zounds!"
42 Look at lustfully
43 Carry on
44 Ireland
45 Token of defiance
46 Understand, in sci-fi lingo
48 Dine

▶ Yesterday's answer

## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 6 | 8 | 4 | | | | | |
| 2 | | | | 1 | | | | 4 |
| | | | | 5 | | | | 8 |
| 4 | | 3 | | | 2 | | 6 | |
| 1 | 9 | | | | | | 2 | 3 |
| | 2 | | 8 | | | 4 | | 7 |
| 5 | | | | 3 | | | | |
| 9 | | | | 8 | | | | 2 |
| | | | | | 7 | 3 | 4 | |

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 6 | 9 | 3 | 1 | 7 | 4 | 2 | 5 |
| 5 | 7 | 2 | 8 | 4 | 6 | 1 | 9 | 3 |
| 1 | 4 | 3 | 5 | 2 | 9 | 8 | 7 | 6 |
| 9 | 3 | 5 | 2 | 6 | 1 | 7 | 4 | 8 |
| 6 | 8 | 7 | 9 | 3 | 4 | 2 | 5 | 1 |
| 4 | 2 | 1 | 7 | 5 | 8 | 3 | 6 | 9 |
| 7 | 1 | 8 | 4 | 9 | 5 | 6 | 3 | 2 |
| 3 | 5 | 6 | 1 | 7 | 2 | 9 | 8 | 4 |
| 2 | 9 | 4 | 6 | 8 | 3 | 5 | 1 | 7 |

### Send a KISS

**You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.**

*My Genius FEP*
*Every day is a new day - what color to wear -each 1 has a bit of u - hurt, smile, excitement, some have a shine 2. which jewel to wear - each 1 has a tinkle sound reminds me of u - music - na, hurts my ears, bring a tear down - grocery/roads/my broken shoes ( u owe me 3 btw - white, gold, black size 8.5) where shd i run babes? healing ..slowly i am babes i am. i kno i thing - no one would have ever loved u so much as i did, nieth ma nor m. why? Have a good day gorgeous!*
**FROM PINK PETAL**

*You have been my best friend*
*No matter what!!!!! You taught me how to live....i was simply breathing in a dark hole before u came.*
**FROM BUNNY**

## Today's horoscope

*For today's crossword answers and for expanded horoscopes, go to metronews.ca*

**♈ Aries March 21-April 20** You have been expecting too much from a relationship. Focus on what you have in common, not on what divides you.

**♉ Taurus April 21-May 21** Set yourself a reasonable work schedule and make sure you stick to it.

**♊ Gemini May 22-June 21** There is no need to change your life in any radical way.

**♋ Cancer June 22-July 22** Never forget that the best way to change the world is to change yourself first.

**♌ Leo July 23-Aug.23** Don't worry if you are not in the most sociable of moods today because you have important things to think about.

**♍ Virgo Aug. 24- Sept. 22** Look out for your own interests today.

**♎ Libra Sept. 23-Oct. 23** If there is something you have overlooked, or ignored, you will have to face up to it and deal with it today.

**♏ Scorpio Oct. 24-Nov. 22** It's time for a reality check.

**♐ Sagittarius Nov. 23-Dec. 21** Why are you clinging on to something that is past its sell by date?

**♑ Capricorn Dec. 22-Jan. 20** Do everything in your power to make sure that employers and people in positions of authority know who you are and what you can do.

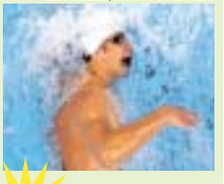
**♒ Aquarius Jan. 21-Feb. 18** Life will be a breeze today.

**♓ Pisces Feb. 19-March 20.** Generally you steer clear of events over which you have no control, but today you will go out of your way to take risks. Maybe tomorrow you'll regret it but your hunches are often right. **SALLY BROMPTON**

## Caption contest

JEAN-CHRISTOPHE BOTT/ THE ASSOCIATED PRESS

GERO BRELOER/THE ASSOCIATED PRESS



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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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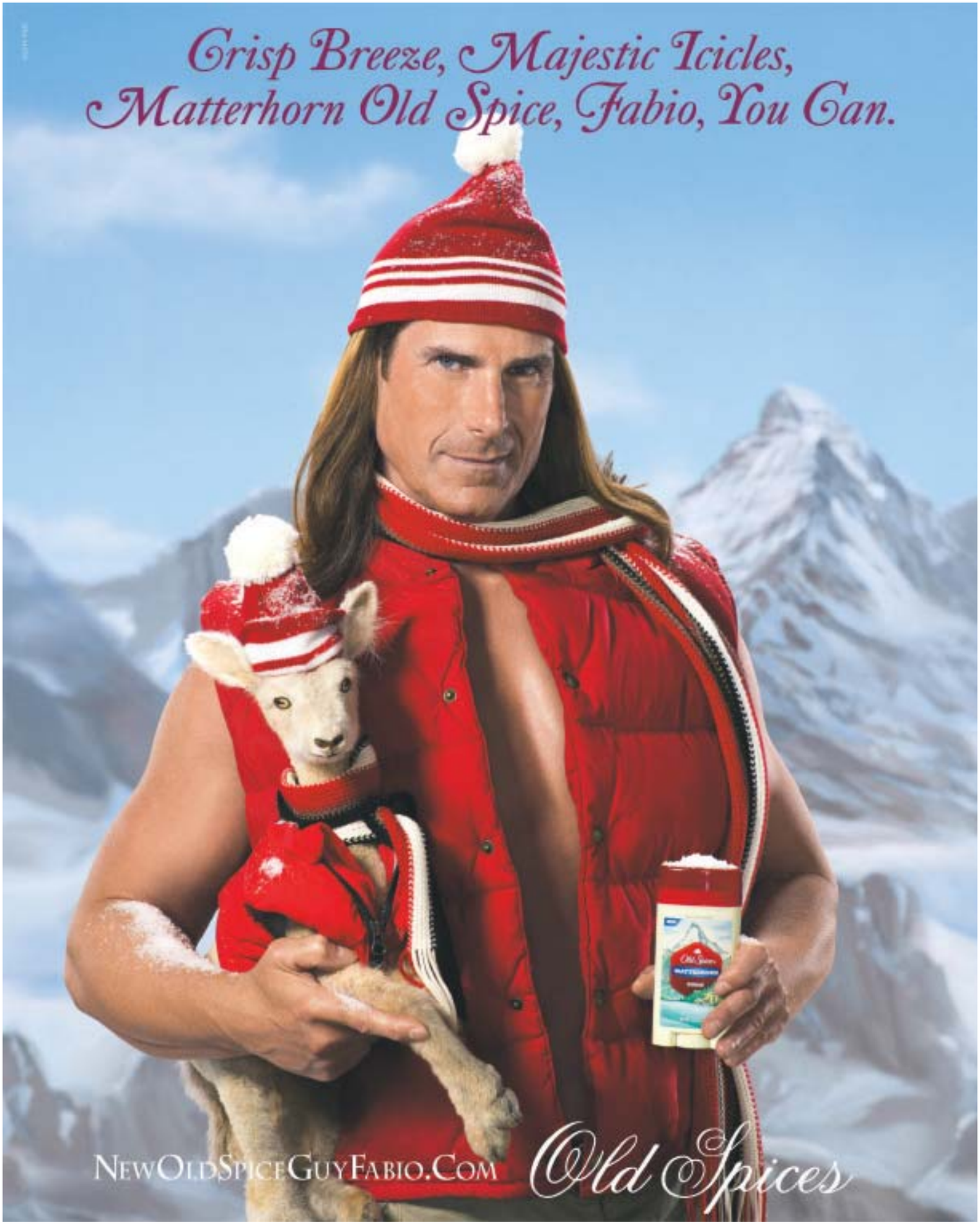
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